

Important Notes

Grades of Walks: These grades are for guidance only and participants should be aware of their own capabilities. If you are unsure, ask the leader at the start of the walk.

- **EASY** – generally flat walks on well surfaced paths/tracks/lanes with very few stiles
- **MODERATE** – walks with some gentle climbs/descents on distinct paths with several stiles
 - **MODERATE STRENUOUS** – walks with one steep ascent and descent and possibly a short section of rough / indistinct path
 - **STRENUOUS** – walks with several steep climbs and descents partly on rough boggy ground with stream crossings without bridges

If you have not walked previously or for several years please start with easier, shorter walks and build-up to longer, more strenuous

Walk Themes

FULL DAY walks are for experienced walkers and may be strenuous. They will have a 30 minute lunch break and two shorter refreshment breaks.

EXPLORER walks are generally shorter walks and may have a later start or earlier finish time but will have a 30 minute lunch break and at least one shorter refreshment break.

RAILWAY themed walks have a specific railway feature to explore. **WONDER & WANDER** walks are generally shorter walks with an added attraction like the Kirkby Stephen Classic Vehicle Rally.

All of the train times are correct as at the time of printing. Please check current timetables for any alterations. Please note that walks may be cancelled if engineering work or other disruption leads to altered timetables. Check the FoSCL web site for details. For enquiries about the walks please e mail walksinfo@settle-carlisle.com

Train Tips:

Save 1/3rd on all your trips on the Leeds - Settle Carlisle and Leeds - Lancaster - Morecambe lines with a Dales Railcard AND get some great winter offers. The DalesRailcard is available to all residents along the line and ALL FoSCL Members irrespective of where you live. See www.foscl.org.uk for full details.

If your walk is between stations it is normally cheaper to buy a return to the FURTHEST station. Off peak Day Returns are valid at all times on Saturdays and Sundays and after 0930 on weekdays. Remember that break of journey is allowed so you can stop off on the way back for a drink or meal or catch an earlier morning train and have breakfast en route. Settle and Skipton have several eateries and there are pubs within 5 minutes walk of Ribbleshead and Horton stations.

If you are travelling from further afield than Leeds please check to see if "split-ticketing" is cheaper than the through fare but remember that the trains that you use MUST stop at the station where you split the tickets.

www.foscl.org.uk

Important Notes (continued)

Conditions of Participation

Walking in the Dales can involve crossing rough terrain with steep slopes and in inclement weather. All participants on these guided walks are asked to be aware of this and accept the following conditions:

- **NO DOGS** except Registered Assistance Dogs.
- Young people under 18 and vulnerable adults must be accompanied at all times by a responsible adult/carer.
- Walkers safety is their own responsibility.
- No liability or claim can be accepted by the Friends of the Settle Carlisle Line or its Officers, or Committee Members or Walk Leaders; The Settle-Carlisle Railway Development Company or the Leeds - Lancaster - Morecambe Community Rail Partnership for any loss, damage, accident or personal injury however caused on these walks.
- Participants are NOT covered by any of the above bodies for Personal Injury or Accident whilst on these walks.
- Walk leaders will be entitled to refuse participation on a walk if the leader judges that the person concerned is not fit or adequately clothed or equipped, or on health grounds, for the walk and prevailing conditions.
- Walk leaders reserve the right to vary or cancel the walk without notice if weather conditions or train operations so dictate. **WHEREVER POSSIBLE AN UP DATE WILL BE PLACED ON THE FoSCL WEBSITE WHICH PARTICIPANTS SHOULD CHECK BEFORE THEY COMMENCE THEIR JOURNEY**
- The Walk Leaders decision shall be final.
- Please bring adequate food and drink; waterproofs and spare dry warm clothing; walking boots or strong shoes for shorter summer walks.
- Walkers are requested to remain with the party and to accept the pace set by the Leader which will take into account the distance, terrain, weather and time available.
- Return times are given in good faith but cannot be guaranteed.
- Most walks are offered on a "turn up and go" basis. The walk will not commence until the train from Leeds has arrived.
- Some walks may be of limited capacity usually due to the use of a public service minibus. In these instances contact must be made with the walk leader before 1900 hours on the previous day to advise participation in the walk. Numbers will be strictly controlled.

www.foscl.org.uk

Important Notes (continued)

Travel information

Most walks are timed to use the 0919 train from Leeds to Carlisle (0859 on Sundays). However, some walks use the earlier (0748 from Leeds) or later (1049 from Leeds) trains or trains from Leeds - Lancaster (Bentham Line).

Return trains are shown for GUIDANCE only - these may be varied on the day by the Walk Leaders due to prevailing or forecast weather conditions or the pace of the group. You are strongly advised NOT to purchase Advance Tickets for specific timed trains.

Changes or cancellations to these walks will be notified on the FoSCL website: www.foscl.org.uk Walks may be cancelled due to train disruptions (e.g. engineering works or industrial action) or adverse weather conditions. If a walk is cancelled or amended the website will provide full details. However, leaders will not go to the start of cancelled walks.

Some walks are accessible by train from Carlisle with a short wait for the train from Leeds. We regret that if the train from Carlisle is delayed the walk will start upon the arrival of the train from Leeds.

All train times correct at time of printing.

PLEASE CHECK THE TRAIN TIMETABLE CAREFULLY FOR CURRENT TIMES



The DalesBus Network



Several guided walks use the DalesBus network to offer more destinations for walkers. Useful bus connections from stations for walkers include:

Skipton to Grassington: (daily) & Malham (Sat)

Settle & Giggleswick to Austwick, Clapham Ingleton & Kirkby Lonsdale (regular Mon-Sat)

Dent to Dent village and Sedbergh (Sat only) www.westerndalesbus.co.uk

Garsdale to Hardraw & Hawes (daily) www.littlewhitebus.co.uk

Kirkby Stephen to Brough & Sedbergh (Fri only)

www.westerndalesbus.co.uk

Full details at www.dalesbus.org or pick up a leaflet from stations.

Friends of the Settle-Carlisle Line and Northern Rail are pleased to be supporting DalesBus services

Useful Contact Details:

National Rail enquiries: www.nationalrail.co.uk 03457 48 49 50

Northern Rail: www.northernrailway.co.uk 0800 200 60 60

Settle Carlisle Partnership: www.settle-carlisle.co.uk

West Yorkshire Metro: www.wymetro.com 0113 245 7676

DalesBus: www.dalesbus.org

www.foscl.org.uk

Free Guided Walks



November 2018- April 2019
Leeds - Settle - Carlisle



Please check the website for any last minute changes or cancellations
www.foscl.org.uk

Friends of the Settle - Carlisle Line

The Friends of the Settle Carlisle Line organise free guided walks throughout the year from the Leeds - Settle - Carlisle Line.

The walks are led by volunteers of the Friends of the Settle-Carlisle Line

walksinfo@settle-carlisle.com



www.foscl.org.uk



Friends of Settle-Carlisle Line Guided Walks Programme November 2018 - April 2019

Sat 3 Nov Hellifield – Otterburn – Langber Lane – Lambert Lane – Settle 11m MS S&SW *Alight Hellifield (1013). Return by (1740) rail replacement bus from Settle to Skipton for train to Leeds*

Sat 10 Nov Horton - Sulber Nick – Moughton Nab – Feizor – Nevison’s Nick – Settle 12m MS BC/LC *Alight Horton (1031). Return by (1740) rail replacement bus from Settle to Skipton for train to Leeds*

Sun 18 Nov Kirkby Stephen - Castle Hill – Franks Bridge – Smardale – Smardale Fell – Kirkby Stephen 10m MS WF/SW *Alight and return Kirkby Stephen (1053) and (1657)*

Sat 24 Nov Hellifield– Scaleber Force- Victoria Cave – Winskill – Settle 11m S A&RF *Alight Hellifield (1013) and return Settle (1628).*

Sat 1 Dec Bentham Heritage Trail: Bentham - Staggarth Farm – Great Stone of Fourstones- Bentham 9m MS AP/DW *Alight and return Bentham (0935) and (1543)*

Sat 1 Dec Ribbleshead – Whernside - Rigg End – Ribbleshead 9m S BC/LC (a lower level alternative will be offered from Ribbleshead if weather unsuitable to ascend Whernside) *Alight and return Ribbleshead (1039) and (1614)*

Sat 8 Dec Settle Station Open Day: Settle – Stainforth Force - Feizor – Austwick 7m M JC/DW *Start from Settle at 1100 to allow time to partake in open station. Alight Settle (1022). Return by bus (1512) from Austwick to Settle for train (1628)*

Sat 15 Dec Victoria Cave Circuit: Settle– Mearbeck – Attermire Scar – Victoria Cave – Settle 9m S S&SW *Alight and return Settle (1022) and (1628)*

Sat 22 Dec A Christmas Plod: Garsdale - Moor House – East House – Moorcock – Garsdale 6m M AP/JL *Alight and return Garsdale (1054) and (1559)*

Sat 29 Dec Hull Pot Circuit: Horton– Hull Pot – Horton 6m M DW/JL *Alight Horton (1031) and return Horton on (1435) minibus for (1532) train at Settle or (1620) train from Horton*

Sat 5 Jan Horton– Ribble Way – Stainforth – Cat Steps or Hoffmann Kiln – Langcliffe – Settle 9m S A&RF *Alight Horton (1031) and return Settle (1628)*

Sat 12 Jan Gargrave - Newfield Bridge - Kirkby Malham – Otterburn – Hellifield 11m M BC/LC *Alight Gargrave (1004) and return Hellifield (1637)*

Sat 19 Jan Long Preston – Hellifield Moor – Scaleber Force – Settle 9m M WF/SW *Alight Long Preston (1015) and return Settle (1628)*

Sat 26 Jan Kirkby Stephen– Wharton - Tommy Road – High Dolphinsty – Moor Pot – Green Gate – Kirkby Stephen EARLY MORNING TRAIN 12m S BC/LC *Alight Kirkby Stephen and return (0934) and (1546).*

Sat 2 Feb Appleby – Flakebridge Wood – Dufton – Long Marton – Church House – Appleby 10m MS S&SW *Alight and return Appleby (1119) and (1703)*

Sat 2 Feb Kirkby Stephen– Stainmore Viaducts – Winton- Riverside Path – Halfpenny House – Kirkby Stephen 8m MS A&RF *Alight and return Kirkby Stephen (1106) and (1546)*

Sat 9 Feb Settle - Stockdale - Gorbeck - Jubilee Cave - Langcliffe – Settle 11m MS WF/SW *Alight and return Settle (1022) and (1628).*

Sat 16 Feb Garsdale - Moorcock - Mossdale - Cotterdale - Hardraw 9m MS AP/JeanC *Alight Garsdale (1054), return from Hardraw (1705) by bus to Garsdale (1730). Please advise participation in advance 01943 875445 or acuc61@dsl.pipex.com*

Sat 16 Feb Helwith Bridge circular: Horton – Helwith Bridge – Horton LATE MORNING TRAIN 6m M DW/JC *Alight and return Horton (1159) and (1620)*

Sat 23 Feb Settle – Stainforth - Feizor – Nevison’s Nick – Settle 9m MS BC/LC *Alight and return Settle (1022) and (1532)*

Sat 2 March Kirkby Stephen – Stainmore Viaducts - Belah Bridge – Kaber – Winton – Kirkby Stephen – Halfpenny House – Kirkby Stephen 12m S A&RF *Alight and return Kirkby Stephen (1106) and (1717)*

Sat 2 March Garsdale - Grisedale - Hell Gill - Moorcock Inn - Garsdale 8m MS JC/DW *Alight Garsdale (1054) with option to return by Little White bus from Moorcock Inn to Garsdale (1730)*

Sat 9 March Dent - Blea Moor - Ribbleshead - Colt Park - Alum Pot - Horton 12m S AP/DW *Alight Dent (1048) and return Horton (1751). Shorter option terminating at Ribbleshead for (1614) train*

Sat 9 March Garsdale - Moorcock – Cotterdale Plantation – Cotterdale – Thwaite Bridge Common – Garsdale 10m MS WF/SW *Alight and return Garsdale (1054) and (1730)*

Sat 16 March Kirby Stephen – Wharton Fell – Ash Fell – Ravenstonedale – Smardale Railway Line – Waitby – Kirkby Stephen 11m MS S&SW *Alight and return Kirby Stephen (1106) and (1717)*

Sat 16 March Ribbleshead– Colt Park – Selside – Horton LATE MORNING TRAIN 6m M DW/JD *Alight Ribbleshead (1207) and return Horton (1628)*

Sat 23 March Wainwright’s “Pennine Journey” & Dales High Way: Appleby - Bandle Bridge – Hoff - Rutter Force - Heights – Great Ormside – Appleby EARLY MORNING TRAIN 12m MS BC/LC *Alight and return Appleby (0947) and (1703)*

Sat 23 March Dalesway : Dent – Sedbergh 10m M JC/DW *Alight Dent (1048) and return by Western Dales Bus from Sedbergh (1650) for train at Dent (1735) Please advise participation in advance 01943 875445 or acuc61@dsl.pipex.com*

Thurs 28 March THURSDAY SPECIAL: Ribbleshead – Chapel le Dale – Ribbleshead 7m M M&DH *Alight and return Ribbleshead (1039) and (1614)*

Sat 30 March Ribbleshead– Viking Farmstead – Chapel le Dale – Bruntscar – Whernside – Force Gill - Blea Moor – Ribbleshead 11m S A&RF *Alight and return Ribbleshead (1039) and (1745)*

Sat 6 April Appleby – Murton – Murton Pike – High Clints – Ellerholme – Appleby 12m S A&RF *Alight and return Appleby (1119) and (1703)*

Sat 6 April Dent – Whernside Manor – Great Wold – Rough Hill Brows – Littledale - Ribbleshead 9m MS WF/SW *Alight Dent (1046) and return Ribbleshead (1745)*

Thurs 11 April 30th ANNIVERSARY THURSDAY SPECIAL Settle – Hoffman Kiln Stainforth - Settle 7m M M&DH *Start may be delayed to 1100 if there are celebratory events at Settle station. Alight and return Settle (1022) and (1628).*

Sat 13 April Horton - Hull Pot - Foxup Moor - Foxup - Hesleden Bergh - Penyghent Gill - Churn Milk Hole - Dub Cote - Horton 13m S S&SW *Alight and return Horton (1031) and (1751)*

Easter Sat 20 April Kirkby Stephen – Wharton – Stainmore Viaducts – Kirkby Stephen for Classic Vehicle Rally LATE MORNING TRAIN 6m M JD/DW *Alight Kirkby Stephen (1235). Return by Classic Bus to Station for (1717) train.*

Easter Sat 20 April Settle - Gorbeck - Malham Cove - Malham - Nappa Cross - Settle 15m S BC/LC *Alight and return Settle (1022) and (1759). Option to finish at Malham and return on 1630 bus to Skipton*

Easter Mon 22 April Kirkby Stephen – Stainmore Viaducts – Hartley – Long Rigg – Two Birketts – Nateby – Kirkby Stephen LATE RETURN TRAIN 11m S AP/S&SW *Alight and return Kirkby Stephen (1106) and (1920)*

Walk leaders are denoted as follows: JC: John Carey; BC/LC: Bob and Lindy Clark; JeanC: Jean Collyer; JD: John Disney; WF: Bill Fraser; A&RF: Andy and Rosie Feather; M&DH: Martin and Diane Hirst; JL: John Langford; AP: Alan Prosser; DW: Duncan Ward; S&SW: Stephen and Susan Way; SW Steve Woods.

Other leaders may lead or assist should it become necessary due to unforeseen circumstances.



Please check the website for any last minute changes or cancellations at www.foscl.org.uk