

Getting there: by train: to Dent Station on the Settle Carlisle Railway; **by bus:** Western Dales Bus from Sedbergh or Kendal to Dent Station; **by car:** park in Sedbergh or Dent village and then travel by bus to Dent Station.

Car parking: (pay and display) is available at Joss Lane or Loftus Hill in Sedbergh as well as Dent village.

Start: Dent Station or Cowgill

Finish: Sedbergh

Distance: 10 miles (or split into two 5 mile walks)

Time: 5 hours plus refreshment stops

OS Maps: OL2 & OL19 1:25,000 scale

A relatively easy 10 mile low level linear walk with no major ascents using the Western Dales Bus service taking in the picturesque village of Dent and ending at Sedbergh.

Alternatively, the walk may be split into two very easy 5 mile walks from Dent Station to Dent and Dent to Sedbergh.

This is an excellent walk for those parked or staying in the Dent village or Sedbergh areas as use can be made of the bus to reach Dent Station or Cowgill and walk back at leisure.

Walks From the Bus No 1

The Dalesway from Cowgill to Sedbergh

A 10 Mile Walk

Important Notes

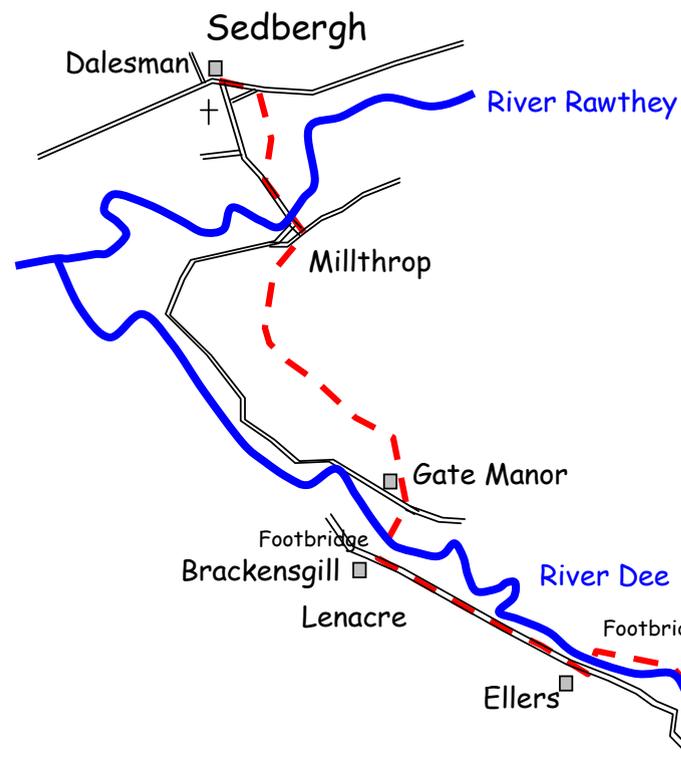
- Remember that whilst this is a low level walk suitable footwear and waterproofs should be taken together with the appropriate OS Map.
 - Always follow the Countryside Code.
- The timings are approximate and for a person of average fitness and ability.
- Whilst the author has endeavoured to ensure that the details are correct, walks must be undertaken at the individuals' own risk.

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For details of the Western Dales Bus services please see the printed timetable or visit www.westerndalesbus.co.uk

For further walks from the Western Dales Bus please see www.walkingintheyorkshiredales.co.uk

Travel with us on the
Western Dales Bus



Turn right to proceed down the drive meeting the minor road to Dent again. Turn left and progress along the road for ¼ mile carefully watching out for a footpath sign on the right at a gate [easily missed].

Now turn right to proceed downhill across the field and bearing very slightly to the right to cross over a small footbridge in a ravine [very easily missed]. The path then skirts around the side of a pothole whilst dropping down to meet the River Dee.

Cross the foot bridge over the River Dee and turn immediately left to follow the right hand bank of the river for ¼ mile before reaching Tommy Bridge. Turn left to cross the River Dee again then turning immediately right once across the bridge. Now on the left hand river bank the path goes through a gate and proceeds diagonally uphill over a small hillock to reach a stile at Mill Bridge and very briefly back on to the minor road.

Bear right to cross Deepdale Beck by means of the road bridge and then turn immediately right to follow the path along the left hand bank of the beck. The path eventually meets the River Dee and naturally curves around to the left. Follow the path along the river bank passing through several gates. The path bears left leaving the river bank to cross Keld Beck. Once across the beck turn immediately right and follow the path alongside the village sports field to arrive at Church Bridge. Turn left and follow the road into Dent village.

If following the suggested alternative route, turn right to cross Barth Bridge then bearing left to follow the main road towards Sedbergh for 400m. Turn left at the footpath sign to descend to the right hand river bank. Now follow the river bank path until the footbridge at Ellers is reached. Turn left to pass over the footbridge then turning immediately right to follow the pleasant minor road for ¾ mile to Brackensgill. The road is in fact the Dalesway.

At Brackensgill bear right onto a bridleway and just before the river is reached the path turns left (to avoid a ford) and there is a footbridge crossing the River Dee for the final time. Continue along the bridleway to Gate Manor and the main road. Carefully cross the main road and continue along the bridleway on the other side. The stony track curves around the rear of the manor whilst climbing uphill. Bear left at a fork in the track and proceed in a westerly direction passing in front of a farm. The well defined path proceeds through a gate and across a field followed by another gate.

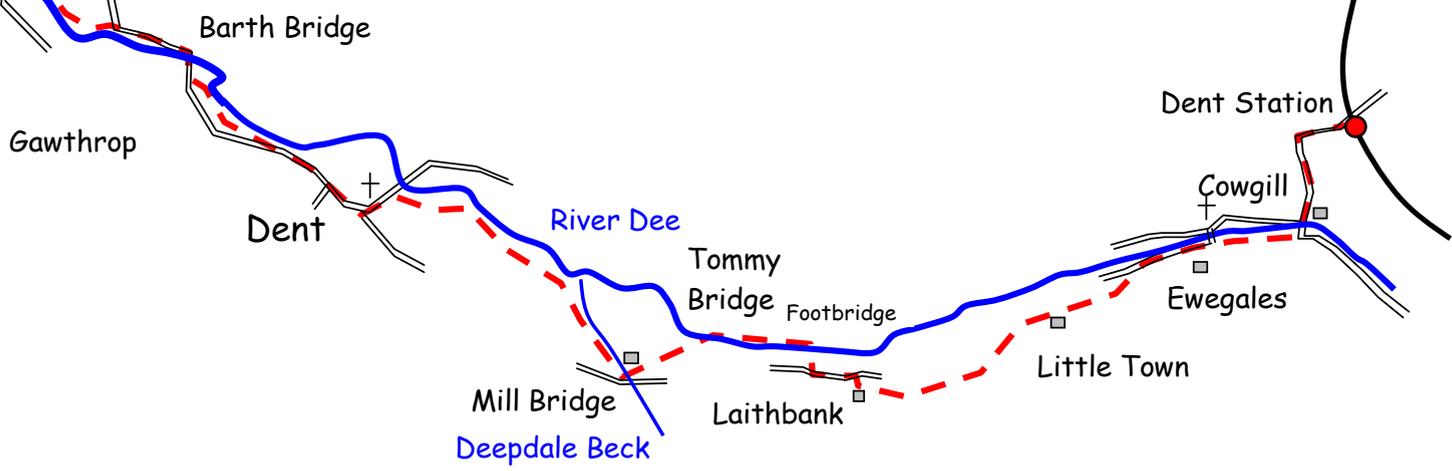
Now into woodland, a delight in Bluebell season, the path quickly becomes enclosed between walls. Upon reaching the top, the path emerges into open pasture quickly passing through a gate to give a good vista of Sedbergh and the Howgills. Follow the track downhill across the pasture and a small stream to reach the walled stony track into the hamlet of Millthrop. Turn right upon reaching the road and pass between the cottages. At the T junction beyond the cottages turn left then dropping down to reach the main road. Turn right and carefully follow the main road across Millthrop Bridge and the River Rawthey.

Starting from Dent Station proceed down the steep Coal Road to Cowgill with a chance to admire the impressive vista along the length of Dentdale. Turn left at the T junction to pass over Lea Yeat Bridge and then immediately right to follow the left hand bank of the River Dee. Passing through Ewegales Campsite and through a stile emerge on the minor road near Ewegales Bridge.

Bear left to follow the minor road for approximately ¼ mile looking out for a footpath sign at a large gate on the left. Pass through the gate and across a field staying to the right of the farm buildings and across a stile into the recently re-planted Little Town plantation. Cross the plantation following which the path passes below the house and across a paddock followed by yet another stile and plantation.

On leaving the second plantation pass through a stile into a field and progress down the left hand side of a wall to reach a farm track. Crossing the farm track proceed across two further fields and stiles to emerge at a walled track. Turn left along the access track to Hacker Gill. Close to the house turn right passing through a gate to go diagonally across a paddock and through a further gate.

Turn right once through the gate now following the right hand edge of the field and passing to the rear of Clint. Cross a footbridge over a small stream and continue through a small field and followed by a gate at West Clint to pass in front of the farm. Now cross a succession of four fields and a small stream keeping to the left hand boundary to eventually reach the access drive to Laithbank.



There are various hostleries to choose from to break the journey including the Sun and George & Dragon Inns and Stoneclose and Meadowside cafes. Dent Heritage Centre is worth a visit if time permits and also offers refreshments.

Continue out of Dent along the road towards Sedbergh and after ¼ mile bear right to regain the riverside path. Follow the left hand bank of the River Dee along the well marked path crossing several stiles and ascending the steps at Barth Bridge. At this point it is suggested that a slight deviation from the Dalesway proper would be preferable avoiding an unpleasantly boggy section of path.

Proceed along the main road towards Sedbergh and after 200m turn right to pass through a small stile. The path contours around the hillside to pass through another stile.

Passing the former Sedbergh School sanatorium on the right drop down the hillside and through a metal gate to join the access driveway. Follow the driveway into Sedbergh passing alongside the school rugby fields. At the end of the driveway cross Back Lane to reach Sedbergh Main Street. Turn left and continue along the Main Street to reach the Library and the Dalesman pub. The return buses depart from outside the Dalesman public house or Library.